### RESOURCES FOR FAMILIES WITH YOUNG CHILDREN

#### **Child Care Options**

If you need child care, you can find a list of open provider providers at: <a href="https://humanservices.hawaii.gov/blog/list-of-child-care-options-for-maui-families-affected-by-the-recent-fires/">https://humanservices.hawaii.gov/blog/list-of-child-care-options-for-maui-families-affected-by-the-recent-fires/</a>. For additional assistance, you can call PATCH's referral line at (808) 961-3169.

# Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) Enrolling in Benefits

If you are pregnant, breastfeeding, or postpartum or have children under 5 years old and suffered loss of income, you may be eligible for WIC benefits. WIC waives the requirements for documents for those impacted by the fires and enrollments can be performed over the phone. To apply for WIC, visit the Maui WIC Clinic at 781 Kolu St., Ste. A-1, Wailuku, or call (808) 984-8225 between 8 a.m. to 4:15 p.m.

#### **New WIC-Authorized Stores**

The following stores on Maui now accept WIC:

- Target 100 Hoʻokele St., Kahului
- Longs Drugs 55 Kiopa'a St., Pukalani
- Longs Drugs 1215 S. Kīhei Rd., Ste. B, Kīhei
- Longs Drugs 70 East Ka'ahumanu Ave., Kahului
- Longs Drugs 135 Kehalani Village Dr., Wailuku

#### **Postpartum and Breastfeeding Moms**

**Pacific Birth Collective** is providing emergency supplies and resources to pregnant and postpartum mothers. For more information, please email <a href="mailto:pacificbirthcollective@gmail.com">pacificbirthcollective@gmail.com</a> or fill out this form:

 $\frac{https://docs.google.com/forms/d/e/1FAIpQLSfggGzCyAIAeAiB7Ab7yX3nMA7kwGtw1vmMy}{JxNcWQ8SJCPrg/viewform.}$ 

**Healthy Mothers Healthy Babies** is providing lactation consultation, diapers, formula, bottles, and breast pumps, as well as a 24/7 support line for pregnant and postpartum people staffed by nurse practitioners, midwives, and nurses at (808) 737-5805 or <a href="mailto:info@hmhb-hawaii.org">info@hmhb-hawaii.org</a>.

**Mana Mental Health:** Offering free counseling sessions for individuals who are pregnant or postpartum. To receive services, call (971) 251-2081, email <a href="mailto:kalena@manamentalhealth.com">kalena@manamentalhealth.com</a>, or book an appointment on <a href="https://calendly.com/manamentalhealth/45min?month=2023-09&date=2023-09-06">https://calendly.com/manamentalhealth/45min?month=2023-09&date=2023-09-06</a>.

## **Locations for Food and Kids' Supplies**

- **Maui Food Bank** distributes food at various locations across the island. For the most upto-date information, please visit Maui Food Bank's website at: <a href="https://mauifoodbank.org/">https://mauifoodbank.org/</a>.
- **Kahana Gateway Shopping Center** is providing food on Monday, Wednesday, and Friday from 10 a.m. to 4 p.m.
  - o Address: 4405 HI-30, Lahaina
- The **Old Safeway location** is providing food, water, and supplies from 9 a.m. 3 p.m. on Tuesday, 1 p.m. 4 p.m. on Thursday, and 9 a.m. 1 p.m. on Saturday.

- o Address: 170 E Kamehameha Ave, Kahului
- Feed my Sheep mobile food distribution sites
  - o Kahului: 150 South Pu'unene Ave., 9:30 a.m. to 12:00 p.m. Saturday
  - Wailuku: Parking lot next to Living Way Church at the corner of Market and Mokuhau streets in Happy Valley, 10 to 11:30 a.m. Friday

#### **Taking Care of Children's Mental Health**

Natural disasters can deeply affect children's emotional, social, and mental health and well-being.

- Children and Disasters Resource Center: Information on how children may experience disasters, common reactions, and coping tips. To view these resources, please visit: https://www.samhsa.gov/dtac/disaster-survivors/children-and-disaster.
- Lahaina Child and Family Resources: The Office of Wellness and Resilience has compiled a directory with tip sheets for helping children cope during disasters and mutual aid resources here: <a href="https://docs.google.com/spreadsheets/d/171D\_7sgkNmrSi-8ZObVXWSa2PQWTw0GeeRSyruTisMM/edit?usp=sharing">https://docs.google.com/spreadsheets/d/171D\_7sgkNmrSi-8ZObVXWSa2PQWTw0GeeRSyruTisMM/edit?usp=sharing</a>
- **Helping Children Cope with Disaster:** Suggestions for parents, caregivers, and other adults on how to help children recover from a disaster. Visit the following links to access the resource in your preferred language:

  - Chinese: <a href="https://www.redcross.org/content/dam/redcross/atg/PDF">https://www.redcross.org/content/dam/redcross/atg/PDF</a> s/Preparedness

    Disaster Recovery/General Preparedness Recovery/Emotional/Helping children cope with disaster Chinese.pdf

  - o <u>Tagalog:https://www.redcross.org/content/dam/redcross/atg/PDF\_s/Preparedness\_Disaster\_Recovery/General\_Preparedness\_Recovery/Emotional/Helping\_c\_hildren\_cope\_with\_disaster\_- Tagalog.pdf</u>
  - Vietnamese: <a href="https://www.redcross.org/content/dam/redcross/atg/PDF\_s/Preparedness\_bisaster\_Recovery/General\_Preparedness\_Recovery/Emotional/Helping\_children\_cope\_with\_disaster\_Vietnamese.pdf">https://www.redcross.org/content/dam/redcross/atg/PDF\_s/Preparedness\_Recovery/Emotional/Helping\_children\_cope\_with\_disaster\_Vietnamese.pdf</a>